

THIS IS MY YEAR

... I promise

INTRODUCTION

The New Year is full of possibilities that fuel the potential for a better future. That's why we make resolutions . . . even though those resolutions often fall by the wayside. But there's something simple you can do to make the most of this year. It begins by looking past what *you* think is possible in your life to what *God* thinks is possible.

DISCUSSION QUESTIONS

1. Do you agree that we all have negative circumstances in our life? Why do some people respond differently than others?
2. Have you been in a place, now or in the past, where you felt overwhelmed and/or out of options? What did you do?
3. What resources do you currently have available to help you? What resources are you lacking?
4. Do you agree or disagree with the statement "the essence of Jesus' mission on earth was to bring peace"? Explain.
5. Read John 14:25-27. What is keeping you from experiencing the peace of God right now?
6. What can this group do to help you experience the peace and fullness of God this year?

MOVING FORWARD

Will this be your year? Will you allow those around you to help you get there? Can you imagine how different life could be for you and those around you if you got this right this year? All things are possible with God. Your circumstances are never too big for him.

CHANGING YOUR MIND

"All this I have spoken while still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." **John 14:25-27**